

Sackville Skating Club

Fall/Winter 2019-2020

Registration is done online through www.sackvilleskatingclub.com.

CanSkate: Learn-to-skate program (appropriate for hockey, ringette, figure skating and recreational skating). Stages 1-6. Skaters must be three years old by October 1, 2019 to register. Registered skaters must wear a certified hockey helmet. Face masks are required for PreSchool skaters. Hockey or figure skates are permitted.

An early bird 10% discount will be applied to anyone who registers for CanSkate by August 15th, 2019!

<p>Saturday CanSkate #1 19 weeks \$290 (plus Skate Canada fee & SportSweep Fundraiser)</p>	<p>4:10-4:55 pm Sackville Sports Stadium</p>	<p>October 5, 12, 19, 26 November 2, 9, 16, 30 December 7, 14 January 4, 11, 18, 25 February 1, 15, 29 March 7, 14</p>
<p>Saturday CanSkate #2 19 weeks \$290 (plus Skate Canada fee & SportSweep Fundraiser)</p>	<p>4:55-5:40 pm Sackville Sports Stadium</p>	<p>October 5, 12, 19, 26 November 2, 9, 16, 30 December 7, 14 January 4, 11, 18, 25 February 1, 15, 29 March 7, 14</p>
<p>Monday CanSkate #1 19 weeks \$290 (plus Skate Canada fee & SportSweep Fundraiser)</p>	<p>5:30-6:15 pm Sackville Sports Stadium</p>	<p>October 7, 21, 28 November 4, 11, 18, 25 December 2, 9, 16 January 6, 13, 20, 27 February 3, 10, 24 March 2, 9</p>
<p>Monday CanSkate #2 19 weeks \$290 (plus Skate Canada fee & SportSweep Fundraiser)</p>	<p>6:15-7:00 pm Sackville Sports Stadium</p>	<p>October 7, 21, 28 November 4, 11, 18, 25 December 2, 9, 16 January 6, 13, 20, 27 February 3, 10, 24 March 2, 9</p>

StarSkate Development: Stages 4-6 of CanSkate (or by invitation) with small group sizes and a focus on stronger skating skills and figure skating specific skills. Our StarSkate Development Program gives skaters the opportunity to continue working towards achieving the skills outlined in the CanSkate Program but in more of a figure skating environment. Skaters will still be assessed and receive the badges and ribbons for CanSkate but will also have the chance to try out more figure skating specific skills and concepts.

Following Skate Canada’s LONG TERM ATHLETE DEVELOPMENT Model, our StarSkate Development is now a **two day/week program**, and also includes off ice training once per week. Please choose two of the three sessions listed below. If for any reason you are unable to do two sessions per week, please email admin@sackvilleskatingclub.com and we will accommodate you to the best of our ability.

Figure skates are recommended, but not required. **Skaters must wear a certified helmet until they complete Stage 5.**

\$600

<p>Sunday 19 weeks</p>	<p>2:20-3:55 pm Lebrun Arena</p>	<p>October 6, 13, 20, 27 November 3, 10, 17 December 1, 8, 15 January 5, 12, 19, 26 February 2, 16 March 1, 15, 22</p>	<p>2:20-2:50 pm Off Ice Training 3:00-3:55 pm On Ice</p>
<p>Monday 19 weeks</p>	<p>7:00-7:55 pm Sackville Sports Stadium</p>	<p>October 7, 21, 28 November 4, 11, 18, 25 December 2, 9, 16 January 6, 13, 20, 27 February 3, 10, 24 March 2, 9</p>	<p>7:00-7:55 pm On Ice</p>
<p>Saturday 19 weeks *Limited space available</p>	<p>4:55-5:40 pm Sackville Sports Stadium</p>	<p>October 5, 12, 19, 26 November 2, 9, 16, 30 December 7, 14 January 4, 11, 18, 25 February 1, 15, 29 March 7, 14</p>	<p>4:55-5:40 pm On Ice</p>

The placement of all skaters on each session is ultimately at the discretion of the Head Coach of the Sackville Skating Club. Skaters requesting to skate on sessions for which they do not qualify must submit a request in writing to admin@sackvilleskatingclub.com prior to the start of the season. Our main goal is to have safe, active, and productive sessions for all skaters and therefore skaters may need to be moved to another session to ensure this goal is met. The club reserves the right to move skaters to different sessions if necessary. Skate-Up/Down requests must be submitted by coaches and will not be accepted if submitted by parents.

Academy – This session is for skaters who are working on Star 1-4 level tests.

Coaching fees are included in the price of the program. “Ice only” packages for Star Academy sessions may be possible upon request and based on availability.

Skaters will be taught by our club's team of Professional Figure Skating coaches. Skaters will receive semi-private, small group, some one-on-one, and station-style instruction and will also have supervised practice time on each session.

STAR – This session is for skaters who have completed the FULL Star 3 FreeSkate tests.

Coaching fees are NOT included in the cost. For a combined “ice + coaching” Star 1-4 program please see our Star Academy Program.

Elite – This session is intended for skaters who are competing at the Star 5 level or above for the 2019-20 skating season.

Coaching fees are not included in the cost except for group stroking sessions. Skaters interested in ‘skating up’ to this session must have approval from the Head Coach.

- All registration must be completed online at www.sackvilleskatingclub.com Registration, including payment, must be received before skaters are permitted on the ice.
- The \$40 Skate Canada fee (valid Sept 2019 to Aug 2020) is non-refundable and must be added to the price by all home club skaters if they have not already done so this season.
- There is a \$40 charge for any NSF cheques and must be replaced with a money order or cash before the skater’s next session.
- No refunds except with a medical certificate and a written request to admin@sackvilleskatingclub.com
- The number of sessions cannot be guaranteed due to unforeseeable circumstances, such as snow storms. Cancellations will be posted on the club’s website and facebook page.
- Session dates and times are tentative and subject to change. Sessions with low enrollment may be altered and/or cancelled.
- As e-mail is our main method of communication, please be sure to provide an address you check frequently.
- All skaters in the Star & Elite programs must hire a professional coach.
- All skaters and coaches will be given a copy of the ice rules and regulations prior to the first day. Failure to comply with the rules and regulations listed could result in removal from the session.
- All Professional Coaches must submit their Skate Canada Registration to admin@sackvilleskatingclub.com prior to coaching on the ice, including guest coaches and dance partners, for approval. All coaches will be required to sign a non-home club coach contract prior to their first session.
- All skaters, coaches, volunteers, and parents must abide by Skate Canada’s Code of Ethics at all times.
- Buy-in request must be submitted to admin@sackvilleskatingclub.com 24 hours in advance. The buy-in fee is **\$25.00 per hour (cash/cheque)** and **must be in an envelope with the skater’s name clearly marked.**

Academy, STAR, Elite: A 10% discount will be applied to any skater who registers for all three sessions at their level.

Academy: This session is for skaters who are working on Star 1-4 level tests. This program has a variety of different instructional and practice formats that align with Skate Canada's guidelines and recommendations for STAR 1-4 skaters. Skaters will have the opportunity to learn new skills in a wide variety of areas, take tests, celebrate achievements, enter competitions if they choose, and further develop their figure skating skills and abilities. Skaters will be able to work on skills that are at their appropriate level and also be challenged by new elements and skills.

Skaters will be taught by our club's team of Professional Figure Skating coaches and ***all lesson fees are included*** in the registration fee. Skaters will receive semi-private, small group, workshop, classes, and station-style instruction and will also have supervised practice time on each session. Skaters will also receive one-on-one instruction on an as needed basis from a member of our coaching team to ensure they're getting the best possible instruction and direction as they develop their skating skills.

Following Skate Canada's LONG TERM ATHLETE DEVELOPMENT Model, Academy is now a **minimum of two day/week program**, and also includes off ice training twice a week. Please choose at least two of the three sessions listed below. If for any reason you are unable to do at least two sessions per week, please email admin@sackvilleskatingclub.com and we will accommodate you to the best of our ability.

Friday 29 weeks \$830	6:05-8:20 pm Sackville Sports Stadium	September 6, 13, 20, 27 October 4, 11, 18, 25 November 1, 8, 15, 22, 29 December 6, 13, 20 January 3, 10, 17, 24, 31 February 7, 14, 21, 28 March 6, 13, 20, 27	6: 05-7:25 pm On Ice 7:35 -8:20 pm Off Ice Training
Saturday 19 weeks \$460	5:50-6:55 pm Sackville Sports Stadium	October 5, 12, 19, 26 November 2, 9, 16, 30 December 7, 14 January 4, 11, 18, 25 February 1, 15, 29 March 7, 14	5:50-6:55 pm On Ice
Sunday 19 weeks \$545	3:20-5:50 pm Lebrun Arena	October 6, 13, 20, 27 November 3, 10, 17 December 1, 8, 15 January 5, 12, 19, 26 February 2, 16 March 1, 15, 22	3:20-3:50 pm Off Ice Training 4:30-5:50 pm On Ice

Star: This session is for skaters who have passed the *complete* Star 3 FreeSkate test and are working on Star 4 and 5 level tests. Fees do not include private lessons.

<p>Monday 22 weeks \$420</p>	<p>4:05-5:15 pm** Sackville Sports Stadium</p>	<p>September 16, 23, 30 October 7, 21, 28 November 4, 11, 18, 25 December 2, 9, 16 January 6, 13, 20, 27 February 3, 10, 24 March 2, 9</p>	<p>**Sessions on Sept 16, 23, 30 will run from 6:05-7:30 pm** 4:05-5:15 FreeSkate</p>
<p>Friday 29 weeks \$665</p>	<p>6:30-8:55 pm Sackville Sports Stadium</p>	<p>September 6, 13, 20, 27 October 4, 11, 18, 25 November 1, 8, 15, 22, 29 December 6, 13, 20 January 3, 10, 17, 24, 31 February 7, 14, 21, 28 March 6, 13, 20, 27</p>	<p>6:30-7:20 Off Ice Training 7:35-8:55 On Ice</p>
<p>Sunday 19 weeks \$460</p>	<p>4:20-6:50 pm Lebrun Arena</p>	<p>October 6, 13, 20, 27 November 3, 10, 17 December 1, 8, 15 January 5, 12, 19, 26 February 2, 16 March 1, 15, 22</p>	<p>4:40-5:10 Off Ice Training 5:25-6:50 On Ice</p>

Elite: This session is for skaters who have passed the *complete* Star 5 FreeSkate test and above. Fees do not include private lessons.

<p>Monday 22 weeks \$440</p>	<p>4:05-5:15 pm** Sackville Sports Stadium</p>	<p>September 16, 23, 30 October 7, 21, 28 November 4, 11, 18, 25 December 2, 9, 16 January 6, 13, 20, 27 February 3, 10, 24 March 2, 9</p>	<p>**Sessions on Sept 16, 23, 30 will run from 6:05-7:55 pm** 4:05-5:15 FreeSkate</p>
<p>Friday 29 weeks \$665</p>	<p>6:30-8:55 pm Sackville Sports Stadium</p>	<p>September 6, 13, 20, 27 October 4, 11, 18, 25 November 1, 8, 15, 22, 29 December 6, 13, 20 January 3, 10, 17, 24, 31 February 7, 14, 21, 28 March 6, 13, 20, 27</p>	<p>6:30-7:20 Off Ice Training 7:35-8:55 On Ice</p>
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