Sackville Skating Club

Winter 2021 CANSKATE Brochure As of January 25, 2021

Registration is done online through https://sackvillesc.uplifterinc.com/.

Skating families must stay up to date on current Nova Scotia COVID-19 restrictions (<u>https://novascotia.ca/coronavirus/restriction-updates/</u>) and follow these restrictions at all times to be permitted participation in club activities. Please contact your base coach or the club if you have any questions.

BEFORE GETTING ON ICE:

1. Members must read and virtually sign the Assumption of Risk waiver policy before invoicing/registration will be completed.

2. All skaters parents, coaches, and club volunteers must read and understand <u>current</u> Arena Facility Protocol

All COVID-19 documents can be found on the Sackville Skating Club website under the 'COVID-19 INFO' tab.

At THE RINK:

1. Arrive at the rink "ice ready" (skates and helmet on)

2. Follow facility and club guidelines at all times. Maintain distance of 2m (6 feet) from other individuals when in the facility

****PLEASE NOTE: NO SPECTATORS ALLOWED AT THIS TIME.**

IF A SKATER OR ANY HOUSEHOLD MEMBER:

- 1. Requires a COVID-19 test, the skater MUST NOT attend any session until negative test results are received.
- 2. Is showing any signs/symptoms of COVID-19 then they MUST NOT attend any session until symptoms subside.
- 3. Has travelled outside of Nova Scotia (other than PEI and NFLD) in the last 14 days, the skater MUST NOT attend until the 14 day period is over.

The Sackville Skating Club has a zero-tolerance policy to non-compliance of <u>all</u> COVID-19 protocol. Any skater, coach, parent, or volunteer found to not be adhering to the protocols outlined in this document will result in the suspension of their participation in club activities for the duration of Winter 2021 season.

CanSkate: Learn-to-skate program (appropriate for hockey, ringette, figure skating and recreational skating). Stages 1-6. All CanSkaters must wear a certified hockey helmet. Hockey or figure skates are permitted. Please no fuzzy gloves/mittens as they stick to the ice and leave residue.

For the Winter 2021 season, <u>CanSkaters must be 5 years old by January 1, 2021</u> to participate. Priority registration will be given to those who were registered for Fall 2020 CanSkate and had their season cut short.

Priority registration will open 7:00am Tuesday January 26 until 10:00pm Wednesday January 27, 2021, at which time registration will open to the general public.

PLEASE NOTE: NO SPECTATORS PERMITTED INSIDE THE ARENA AT THIS TIME.

- There will be a name tag/health screening desk in the front lobby for parents/guardians and skaters to check in for the session.
- Once checked in, parents/guardians can assist their skater down the stairs, where a coach or program assistant will meet the skater and bring them to ice level. The parent/guardian must promptly exit at that time.
- At the end of the session, parents can return to the base of the stairs. Coaches and program assistants will help skaters get their skate guards and on send them to their parent/guardian. *Note: Please label hard guards with your skater's name.

Saturday CanSkate 8 weeks \$120 (plus Skate Canada fee if not registered for Fall 2020)	4:10-4:45pm Sackville Sports Stadium	Jan 30 Feb 6, 13, 27 March 6, 13, 20, 27 No CanSkate Feb 20
Monday CanSkate #1 8 weeks \$120 (plus Skate Canada fee if not registered for Fall 2020)	5:10-5:45pm Sackville Sports Stadium	Feb 1, 8, 22 March 1, 8, 15, 22, 29 No CanSkate Feb 15
Monday CanSkate #2 8 weeks \$120 (plus Skate Canada fee if not registered for Fall 2020)	5:55-6:30pm Sackville Sports Stadium	Feb 1, 8, 22 March 1, 8, 15, 22, 29 No CanSkate Feb 15

POLICIES:

All registration must be completed online at <u>https://sackvillesc.uplifterinc.com/</u>

Registration, including payment, must be received before skaters are permitted on the ice.

• The \$43.65 Skate Canada fee (valid Sept 2020 to Aug 2021) is non-refundable and must be added to the price by all home club skaters if they have not already done so this season.

• There is a \$40 charge for any NSF cheques and must be replaced with a money order or cash before the skater's next session.

• No refunds except with a medical certificate and a written request to

admin@sackvilleskatingclub.com

• The number of sessions cannot be guaranteed due to unforeseeable circumstances, such as snow storms. Cancellations will be posted on the club's website and Facebook page.

• Session dates and times are tentative and subject to change. Sessions with low enrollment may be altered and/or cancelled.

• As e-mail is our main method of communication, please be sure to provide an address you check frequently.

• All skaters, coaches, volunteers, and parents must abide by Skate Canada's Code of Ethics at all times.

Skate Guards for Walking on Hard Surfaces

Below are examples of hard guards (plastic or rubber) that are required for a skater to walk on concrete, tile, etc. while wearing skates. These guards protect skate blades, as hard surfaces dull the blades very quickly. Once down at ice level where there is protective matting on the floor, skate guards can be removed.

For a skater to arrive 'ice ready' and walk down to ice level, they will need a pair of hard guards. These can be found at any sports store. If you have any questions please contact us at admin@sackvilleskatingclub.com.

PLEASE LABEL GUARDS WITH YOUR SKATERS NAME.

